JUUL and Other Emerging Tobacco Products

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Emily McClelland, M.S. December 6, 2018

current cigarette smoking



Significant Demographic Differences

2004

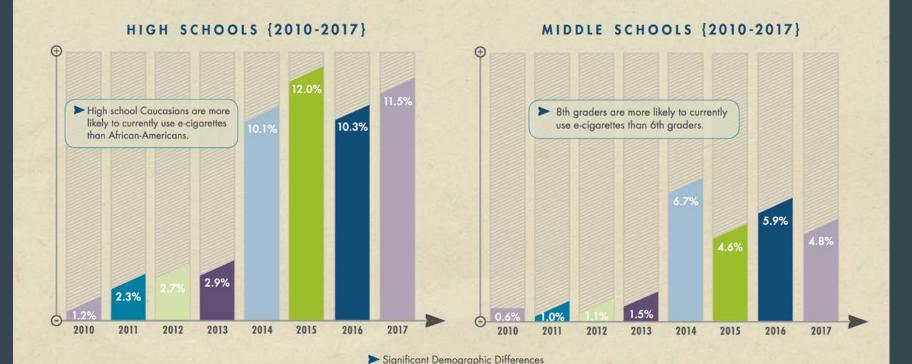
2008 2009

7.2% for high school students

1.5% for middle school students

current electronic cigarette use

MISSISSIPPI PUBLIC SCHOOLS



Preliminary 2018 National Youth Tobacco Survey Findings

- Surge in youth current e-cigarette use
 - 78% increase from 2017 to 2018 for high school students
 - 48% increase from 2017 to 2018 for middle school students
- 20.8% of high school students reported current e-cigarette use
 - O Up from 11.7% in 2017
- 4.9% of middle school students reported current e-cigarette use
 - O Up from 3.3% in 2017
- 28% of high school current e-cigarette users used on 20+ days
 - O Up from 20% in 2017
- 68% of high school current e-cigarette uses used flavored e-cigarettes
 - O Up from 61% in 2017

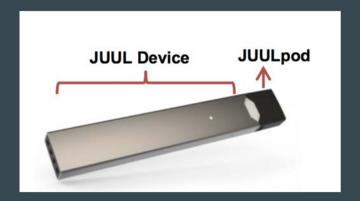
JUUL use among Mississippi College Students

- 69.5% of students were aware of JUUL
- 59.4% of students were aware each pod contains as much nicotine as a pack of cigarettes
- 37.1% of students had tried JUUL
- 76.1% reported past 30 day use of JUUL
- 9.9% of students who reported JUUL trial did not report e-cigarette trial



What is JUUL?

- Introduced in 2015
- Each pod contains 59 mg/ml of nicotine
 - Equivalent to a pack of cigarettes (~200 puffs)
- Mimics a cigarette's ability to rapidly deliver nicotine to the brain
- Nicotine delivery system is very efficient and nicotine levels are high
 - O Increases risk of addiction among novice nicotine users
- First e-cigarettes that are easy to use, maintain, and provide high levels of nicotine
- iPhone of e-cigarettes
- Early research indicates youth who were not previously at risk for initiating cigarette smoking are initiating nicotine use with Juul e-cigarettes
- E-cigarette use increases risk of using combustible tobacco cigarettes



JUUL

- Pods are not refillable
 - Contain a concentrated juice cocktail of salts and organic acids found in tobacco leaves
- Available in 8 flavors
 - Mango, Cool Mint, Virginia Tobacco, Cool Cucumber, Classic Menthol, Fruit Medley, Creme Brulee,
 Classic Tobacco
- JUUL starter pack costs \$49.99 and a 4 pack of pods costs \$15.99
 - O Starter pack: JUUL device, USB charger, 4 JUULpods (Virginia Tobacco, Mint, Mango, Creme)
- Requires little maintenance
- ALL JUUL PODS CONTAIN NICOTINE

Stealth Vaping

- Small, discreet, and easily confused for flash drives
- Aerosol emission is minimal compared to other e-cigarettes.
 - Easier for users to hide use in classrooms and other indoor places
- Higher levels of propylene glycol gives hit to throat like a cigarette
 - Results in less vapor cloud than other e-cigarettes
- YouTube videos and other websites teach kids how to conceal and stealth vape
 - Vape apparel
 - https://vaprwear.com
- To use a JUUL has become a verb JUULing
 - o Common on social media
- Depending on frequency and amount of usage ~ established smoker

JUUL Sales

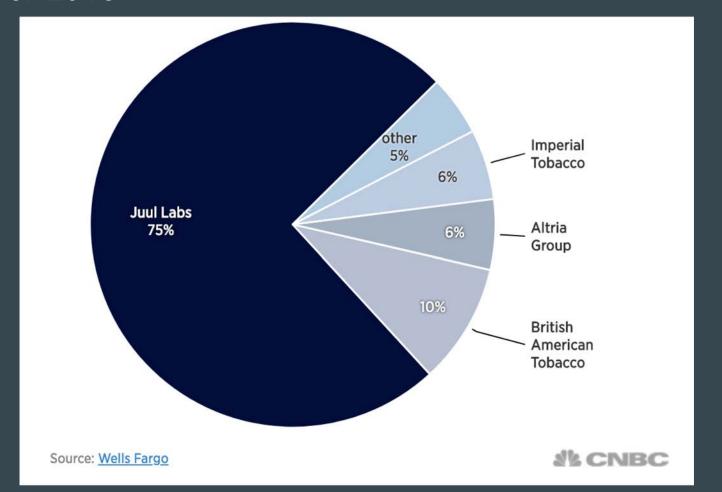
- Best selling and fastest growing e-cigarette on the market
 - 75% of the market share of the total e-cigarette category (Nielsen)
 - Last 4 week period ending October 6, 2018
 - Sales exploded 728% year-over-year
- Over one million JUUL systems sold to date
- Available directly from JUUL Labs, Inc., other online retailers, and at 12,000 convenience stores in the U.S.
- More prevalent in affluent areas due to discretionary income
 - O However, JUUL coupons and discounts seen at convenience stores in rural areas
- Online purchases for 21+

December 2017

E-cigarette market share

Company ♦	Market share, last 4 weeks	*	YoY growth for 52 weeks	*
Juul Labs	32.9%		699.0%	
BAT	27.4%		22.3%	
Altria	15.2%		72.2%	
Imperial Tobacco	11.4%		1.5%	
Logic (Japan Tobacco)	7.2%		13.9%	
Nielsen / Wells Fargo				

October 2018



Resources

- Stanford Medicine Tobacco Prevention Toolkit
 - http://med.stanford.edu/tobaccopreventiontoolkit/E-Cigs/ECigUnit6.html
- Vox video on JUUL: How JUUL made nicotine go viral
 - o <u>https://www.youtube.com/watch?time_continue=46&v=AFOpoKBUyok</u>
- JUULERS against JUUL
 - o https://www.youtube.com/watch?time_continue=384&v=7EsNG7RcStQ
- The New York Times The Price of Cool: A teenager, a Juul, and nicotine addiction
 - o https://www.nytimes.com/2018/11/16/health/vaping-juul-teens-addiction-nicotine.html

FDA and JUUL

- Revisit compliance policy as it applies to ENDS products that are flavored, including all flavors other than tobacco, mint, and menthol
- All flavored ENDS products sold in age-restricted, in-person locations, and if sold online, under heightened practices for age verification
- Advance a proposed ruling seeking to ban menthol in combustible tobacco products, including cigarettes and cigars
- Propose a policy to ban flavors in cigars
- No proposed timeframe for these changes

https://www.fda.gov/NewsEvents/Newsroom/PressAnnouncements/ucm625884.htm

JUUL Changes

- Shut down social media accounts
 - Facebook and Instagram
- Stop selling nicotine liquids with flavors at bricks and mortar stores
 - Mango, fruit medley, creme brulee, cucumber
- Will continue to sell all its products on its website
- New device
 - Less nicotine, more intense vapor enhance rate at which nicotine is absorbed by the body
 - Lower nicotine version with 3% nicotine or 23 mg/ml of nicotine is already available in the US
 - Only in Mint and Virginia Tobacco flavors

Other Stealth Vaping Products

- PHIX
 - Pods are not refillable
 - Each PHIX pod contains 1.5mL with 5% nicotine by weight
 - Equivalent to 2 packs of cigarettes or 400 puffs
 - O Like JUUL, ALL PHIX PODS CONTAIN NICOTINE
 - O Flavors: Original Tobacco, Hard Strawberry, Spearmint, Butterscotch Tobacco, Ice Tobacco
 - Also, Infusion Cool Melon, Blue Raspberry, and Cool Grape
 - O Bundle kit: Phix battery and charger, Mixed pack of 4 pods = \$35.00
 - 4 pack replacement of pods = \$19.99
- Many other brands of similar pod based devices



IQOS - Philip Morris International

- IQOS = I Quit Ordinary Smoking
- Heat not burn product
- Heats the tobacco just enough to release a nicotine containing tobacco vapor without burning the tobacco
- Available in two versions
 - First 3 main components: heated tobacco unit (HEETS or HeatSticks), an IQOS holder, and charger (must be recharged after each use)
 - Second integrated that combines the holder and charger and allows multiple uses without charging the battery (recharged after 10 consecutive uses)
- Consumer pushes a button to turn on the heater
- Once finished, the HEETs or HeatSticks are removed from the holder and thrown away

IQOS

- Different from e-cigarettes
 - Use real tobacco not flavored liquid nicotine
- Concept
 - Allow users to experience something that looks and feels like smoking without inhaling combustible tobacco
- Little research available on the health effects of using or being exposed to heat not burn products
- Not currently available in the US
- Concerns
 - Another addiction pathway
 - Promote use of more than one tobacco product at a time
 - An attempt to renormalize smoking



https://truthinitiative.org/news/what-are-heat-not-burn-cigarettes

Where is IQOS available?



For More Information

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