Undergraduate Survey of Tobacco Control:
University of Southern Mississippi, 2010

Social Science Research Center
Mississippi State University
ACKNOWLEDGMENT

This survey was made possible through support provided by the Mississippi State Department of Health. The opinions expressed herein are those of the authors and do not necessarily reflect the views of the Mississippi State Department of Health.

The survey instrument design was based on an extensive review of extant instruments such as the Social Climate Survey of Tobacco Control, the Current Population Survey – Tobacco Use Supplement, the National College Health Risk Behavior Survey, the Youth Tobacco Survey, the Harvard School of Public Health College Alcohol Survey, and was supplemented by additional relevant items.
METHODS

Researchers at the Social Science Research Center at Mississippi State University (MSU) administered a web-based survey to undergraduate students at the University of Southern Mississippi (USM). This web-based approach has extraordinary potential as the university provides internet access to students in multiple settings and issues each student an e-mail account. Moreover, students rely on e-mail and the internet to communicate with peers, professors, and university administrators.

Information Technology Services at USM provided 13,553 undergraduate student e-mail addresses. Of these 13,553 students, 637 completed the survey. All respondents were 18 years of age or older and undergraduate students at USM during the fall 2009 term. Respondents were screened before beginning the survey and students who were not yet 18 years of age or not currently taking at least one course during the fall 2009 term were not allowed to continue the survey.

Each student in the sample received an e-mail asking for their participation in the survey. Students who chose to participate clicked on an embedded URL address that linked the student to the survey web site. Respondents who did not complete the survey in one session were able to restart the survey at the last question answered. Up to two reminder e-mails were sent requesting the student's continued participation. Two reminder emails were also sent to each student who did not respond to the initial request for participation. No more than three emails were sent to any student in the sample.

Several precautions were taken to protect the privacy of respondents. First, personal identifiers (e-mail addresses) were kept separate from the information collected from each respondent. This was accomplished by placing each in a separate database. The only common identifier to both databases was a respondent ID number. This identifier was destroyed as soon as data collection was complete. Second, security protocols were in place to protect the anonymity of the respondents. Linking the data collected from a student to their email address would require access to the three separate systems: 1) The Survey Research Unit server which requires an account on the server, a login ID, and a password, 2) The sample database which requires a different login ID and password, and 3) The questionnaire database which requires another and different login ID and password. This approach has been successfully applied by the Survey Research Unit at the Social Science Research Center to collect data via web-based surveys while protecting the confidentiality of the respondents.
Undergraduate Population and Sample

- Freshman: Population 21.6% | Sample 19.6%
- Sophomore: Population 14.4% | Sample 14.1%
- Junior: Population 22.0% | Sample 25.6%
- Senior: Population 39.2% | Sample 40.7%
- Female: Population 61.0% | Sample 74.3%
- Male: Population 39.0% | Sample 25.7%
- Black: Population 29.2% | Sample 18.8%
- White: Population 58.4% | Sample 78.2%
- Other: Population 12.4% | Sample 3.0%
Individual Practices and Exposure to Tobacco Smoke

No Smoking Allowed in Any Part of Home
- The percentage of students who live in a household where smoking is not allowed in any part of the home was significantly higher for female students (87.9%) than for male students (85.7%), $p = .045$.

Do Not Live with Smokers
- The percentage of students who do not live with a smoker was significantly higher for black students (85.5%) than for white students (73.7%), $p = .01$.

Were Not in Same Room with Smokers in Past 7 Days
- The percentage of students who were not in the same room as someone who was smoking in the past 7 days was significantly higher for black students (64.6%) than for white students (49.8%), $p = .006$, and significantly higher for non-Greek students (54.5%) than for Greek students (42.9%), $p = .045$. 
Did Not Ride in Vehicle with Smoker in Past 7 Days

- The percentage of students who were not in a vehicle with someone who was smoking in the past 7 days was significantly higher for black students (87.0%) than for white students (67.1%), $p < .001$, and significantly higher for non-Greek students (72.7%) than for Greek students (61.0%), $p = .025$.

Have No Smoking Friends among Four Closest Friends

- The percentage of students who have no friends that smoke among their four closest friends was significantly higher for female students (51.7%) than for male students (37.1%), $p = .002$, and significantly higher for black students (73.0%) than for white students (42.3%), $p < .001$. 
Support for Tobacco Control Policies

Support No Smoking Within 25-feet of a Doorway on Campus
- The percentage of students that support prohibiting smoking within 25-feet of a doorway on campus was significantly higher for female students (89.5%) than for male students (76.3%), \( p < .001 \), and significantly higher for black students (95.5%) than for white students (84.2%), \( p = .003 \).

Support No Smoking in Buildings on Campus
- No significant differences

Support No Smoking in All Areas of Campus
- The percentage of students that support prohibiting smoking in all areas of campus was significantly higher for female students (74.5 %) than for male students (51.0%), \( p < .001 \), and significantly higher for black students (83.3%) than for white students (65.3%), \( p < .001 \).
Support Stricter Campus Tobacco Policy Enforcement

- The percentage of students that support stricter enforcement of tobacco policies on campus was significantly higher for female students (89.1%) than for male students (73.1%), $p < .001$, and significantly higher for black students (93.5%) than for white students (83.6%), $p = .014$, and significantly higher for non-Greek students (86.9%) than for Greek students (78.4%), $p = .044$.

Support No Tobacco Company Sponsorship of School Events

- The percentage of students that support prohibiting tobacco company sponsorship of school events was significantly higher for female students (84.4%) than for male students (63.5%), $p < .001$, and significantly higher for non-Greek students (80.9%) than for Greek students (70.0%), $p = .029$. 
Smoke-free Policies in the Community

Have Witnessed a Violation of Local Smoke-free Ordinances
- 19.4%

Have Not Been Exposed Inside of a Public Place in Past 7 Days
- 16.8%

Support No Smoking Within 25-feet of a Public Doorway
- 59.2%

Support Smoke-free Restaurants
- 79.4%

Support Smoke-free Public Sidewalks
- 39.1%

Support Smoke-free Outdoor Parks
- 27.4%

Have Witnessed a Violation of Local Smoke-free Ordinances in Past 3 Months
- No significant differences

Have Not Been Exposed to Smoke in a Public Place in Past 7 Days
- The percentage of students that have not been exposed to smoke in a public place in the past 7 days was significantly higher for black students (29.6%) than for white students (13.7%), $p < .001$.

Support No Smoking Within 25-feet of a Public Doorway
- The percentage of students that support prohibiting smoking within 25-feet of a public doorway was significantly higher for female students (63.4%) than for male students (48.1%), $p < .001$.

Support Prohibiting Smoking in Restaurants
- No significant differences
Support Prohibiting Smoking on Public Sidewalks

- The percentage of students that support prohibiting smoking on public sidewalks was significantly higher for female students (44.6%) than for male students (23.7%), $p < .001$.

Support Prohibiting Smoking in Outdoor Parks

- No significant differences
Health Beliefs and Counseling

Recognize Smoking 1-5 Cigarettes a Day is Harmful
- No significant differences

Recognize Second-hand Smoke is Harmful
- No significant differences

Recognize Smoking for Only 1-2 Years is Not Safe
- The percentage of students that recognize that smoking for only 1-2 years is not safe was significantly higher for female students (90.4%) than for male students (74.5%), \( p < .001 \), and significantly higher for black students (93.0%) than for white students (84.6%), \( p = .027 \).

Were Informed by Doctor about the Dangers of Smoking in Past 12 Months
- No significant differences
Were Informed by Dentist about the Dangers of Smoking in Past 12 Months

- No significant differences

Mass Media

- Saw at least One Anti-smoking Ad in Past 30 Days: 92.3%
- Saw or Heard at least One Commercial about the Dangers of Smoking in Past 30 Days: 79.2%

Have Seen One or More Anti-smoking Ads on Television in Past 30 Days

- No significant differences

Have Seen or Heard Commercials about the Dangers of Smoking on TV, Radio, or Internet in Past 30 Days

- No significant differences
Cigarette Smoking

<table>
<thead>
<tr>
<th>Cigarette Smoking Type</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ever Smoker</td>
<td>59.4%</td>
</tr>
<tr>
<td>Current Smoker</td>
<td>20.1%</td>
</tr>
<tr>
<td>Frequent Smoker</td>
<td>11.5%</td>
</tr>
<tr>
<td>Smoked First Whole Cigarette after 18 Years of Age</td>
<td>22.0%</td>
</tr>
<tr>
<td>Ever Smokers Who Have Smoked Every Day For at least 30 Days</td>
<td>47.2%</td>
</tr>
<tr>
<td>Current Smokers Who Smoke More Now Than Beginning of Freshman Year</td>
<td>39.0%</td>
</tr>
<tr>
<td>Current Smokers Who Smoke First Cigarette Within an Hour of Waking</td>
<td>39.1%</td>
</tr>
</tbody>
</table>

**Ever Smoker – Have tried at least one puff of a cigarette**

- The percentage of students that are ever smokers was significantly higher for male students (68.1%) than for female students (56.2%), $p = .01$, and significantly higher for white students (62.6%) than for black students (42.2%), $p = .002$.

**Current Smoker – Have smoked on one or more days of the past 30 days**

- The percentage of students that are current smokers was significantly higher for male students (33.7%) than for female students (15.3%), $p < .001$, and significantly higher for white students (23.4%) than for black students (4.3%), $p < .001$.

**Frequent Smokers – Have smoked on 20 or more days of the past 30 days**

- The percentage of students that are frequent smokers was significantly higher for male students (18.4%) than for female students (9.1%), $p = .002$, and significantly higher for white students (13.1%) than for black students (3.4%), $p = .005$. 
Other Tobacco Use

Current SLT User – Have used chewing tobacco, snuff, or dip on one or more days of the past 30 days

- The percentage of students who are current SLT users was significantly higher for male students (20.2%) than for female students (0.8%), $p < .001$, and significantly higher for white students (7.0%) than for black students (0.9%), $p = .02$.

Current Cigar Smoker – Have smoked a cigar, cigarillo, or little cigar on one or more of the past 30 days

- The percentage of students who are current cigar smokers was significantly higher for male students (16.6%) than for female students (5.1%), $p < .001$. 

### Other Tobacco Use

- **Current SLT**: 5.8%
- **Frequent SLT**: 3.0%
- **Current Cigar**: 8.0%
- **Frequent Cigar**: 0.5%
- **Tried SNUS**: 7.7%
- **Tried E-Cigarette**: 1.7%
- **Tried Orb, Stick, or Strip**: 0.0%
Smoking Cessation

Current Smokers Who Have Ever Participated in Quit Program
- No significant differences

Current Smokers Who Never Expect to Quit
- No significant differences

Current Smokers Who Have Not Quit for More than 24 Hours in Past 12 Months
- No significant differences

Students Who Stopped Smoking for More than a Day in an Attempt to Quit
- No significant differences

Students Who Stopped Smoking for More than 1 Day in an Attempt to Quit
- 88.3%

Current Smokers Who Have Ever Participated in a Quit Program
- 13.6%
FOR FURTHER INFORMATION CONTACT

Robert McMillen
robert.mcmillen@ssrc.msstate.edu

Social Science Research Center, www.ssrc.msstate.edu
Mississippi State University, www.msstate.edu

Phone: 662.325.7127
Fax: 662.325.7966
MISSISSIPPI STATE UNIVERSITY DOES NOT DISCRIMINATE ON THE BASIS OF RACE, COLOR, RELIGION, NATIONAL ORIGIN, SEX, AGE, DISABILITY, OR VETERAN STATUS. THIS REPORT IS FUNDED BY A GRANT OF THE MISSISSIPPI STATE DEPARTMENT OF HEALTH.